

**KEENE YOUNG PROFESSIONALS NETWORK**  
**“WHO’S AFRAID OF HOT?” PEPPER EATING CONTEST**  
**Liability Waiver and Right of Publicity**

I, the undersigned, stipulate the following:

- I am 18 years of age or older.
- I am a willing and voluntary participant in the Keene Young Professionals Network’s “Who’s Afraid of Hot” eating contest, and I sign this document of my own free will;
- **I understand the health and associated risks inherent in eating contests. Further, I understand the health and associated risks inherent to eating the “spicy” peppers which will be provided to me (or my child) in this contest.**

**Acceptance of Risk; Release; Indemnification:** I am aware that there are a number of risks associated with eating contests and risks associated with eating peppers that contain extraordinary amounts of capsaicin (the chemical which causes peppers to be “spicy”). I understand I could sustain illness or injury as a result of participation in the “Who’s Afraid of Hot” contest. To my knowledge, no medical or health care professional has advised me I should not eat peppers which contain an extraordinary amount of capsaicin. I further verify that, to the best of my knowledge, I am not allergic to capsaicin or any pepper.

On behalf of myself and my heirs, successors, and assigns, I knowingly and freely assume all risks, both known and unknown, relating to my participation in the “Who’s Afraid of Hot” eating contest. I hereby forever release, discharge, and hold harmless the Keene Young Professionals Network (“KYPN”), the Hannah Grimes Center, the City of Keene, Michael Giacomo, Michael Remy, and each of their employees, members, agents, successors, assigns, and volunteers from any and all claims, demands, liabilities, rights, damages, expenses, and causes of action, known or unknown, foreseen or unforeseen, which may arise as a result of my participation in the “Who’s Afraid of Hot” eating contest now or at any point in the future.

**Right of Publicity:** I grant KYPN, its members, volunteers, agents, and assigns the right to use freely my (or my child’s) name and likeness in any and all advertising, promotions, or publications, in any format, that KYPN may create and distribute anywhere, at any time.

**READ CAREFULLY:**

**BY SIGNING THIS DOCUMENT YOU GIVE UP IMPORTANT LEGAL RIGHTS**

**PARTICIPANT’S NAME:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**WITNESS’ NAME:** \_\_\_\_\_

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

## **CAPSAICIN: IT'S HOT!**



**Capsaicin** is the chemical that give hot peppers their “heat.”

*While capsaicin usually is harmless, it, like any chemical, can have undesirable side effects.*

If eaten in large quantities, capsaicin can produce nausea, vomiting, abdominal pain, diarrhea, or indigestion. If capsaicin gets in your eye, it might cause intense eye pain, tearing, or, potentially conjunctivitis. If capsaicin gets on your skin, it may cause an intense burning sensation. There are also rare cases of capsaicin-induced asthma.

Burning sensations and pain due to capsaicin can be controlled with ice and drinking cold milk. If capsaicin gets in the eye, run the eye under cold water for at least 15 minutes. Stomach discomfort might be controlled with over-the-counter antacids. Finally capsaicin-induced asthma can be controlled in the manner your physician has told you to control asthma episodes.